

# 戰勝糖尿病 • BEAT Diabetes

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Guest Speaker:  
**Dr. Theresa Tseng,**  
Internal Medicine

05/22/2019  
Wed. 週三  
10am -12pm



無論是您本人、或是您心愛的摯親患有糖尿病，學習瞭解糖尿病是非常重要的！因應每個人不同的狀況，可能需要不同的治療方式。每一個您所做的決定會幫助您降低糖尿病相關併發症的風險。

您有能力主宰自己的健康！歡迎參加謹訂於 5 月 22 日的活動，加聯泰平醫療網的曾陳蕙詩醫師將親自與您分享如何自我控制好血糖、並面對面回答您的問題。您還有機會可以品嚐適合糖尿病朋友的美食。

**報名請致電： 626-943-6460**

If you or your loved ones are living with diabetes, it important to learn as much as possible about the disease. Every person will have different challenges and need different treatment strategies. Each choice you make can be one step towards lowering the risk of diabetes-related health problems.

You have the power to impact your health! **Join us on May 22nd to BEAT Diabetes.** Guest Speaker **Dr. Theresa Tseng** (Allied Pacific IPA) will teach you tips to take control of your blood sugar and answer your questions. Plus, you will learn about diabetes-friendly foods.

Registration is easy; simply **call 626-943-6460.**

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