

協助家庭照顧者
獲取社區資源
Community Resources

2/11/2020 週二 Tuesday
1:00-2:30pm

主講人 **Presented by:**

南加州大學
家庭照顧者支持中心

USC Leonard Davis
School of Gerontology
Family Caregiver Support Center

當我們在照顧家人、朋友時，難免會面臨一些棘手、備感壓力的狀況。懂得如何向外求援是非常重要的。您也許可以由社區提供的服務獲得相關資源。南加州大學家庭照顧者支持中心將向您分享各類型的社區資源、並介紹如何利用這些社區資源協助您照顧您的親友。

When we care for family and friends, we will eventually face some difficult and stressful situations. It is important to reach out and find support. You may be able to rely on social services. The USC Family Support Center will explain the types of community resources, where to find them, and how they can help you take care of your family members and friends.

什麼是帕金森氏症
What is Parkinson's Disease

3/4/2020 週三 Wednesday
10:30-12:00pm

Presented by:
Parkinson's Foundation
由「帕金森氏症基金會」提供

 **Parkinson's
Foundation**

什麼是帕金森氏症?

帕金森氏症會給我們的生活帶來什麼影響? 我們特別邀請 帕金森氏症基金會來跟我們介紹什麼是帕金森氏症，它的症狀，影響，以及治療方式。

The AP Wellness Center welcomes the Parkinson's Foundation to help you understand Parkinson's Disease. Learn about the symptoms, how it is diagnosed, and what treatment options are available.